



BATHROOM DEEP CLEANING CHECKLIST



1

Scrub the Grout & Tile

Molds' favorite snack is the water hiding in tiny tile cracks. Grab a mildew-fighting cleaner (or a simple baking soda paste) and an old toothbrush. Scrub grout lines, tub bases, shower door tracks, and the corners where tile meets tub or wall – molds' secret party zones.

Pro tip: Do this once a week, more if you've got poor ventilation or see suspicious spots.

2

Wipe Surfaces Dry After Use

After every shower or bath, channel your inner ninja: towel or squeegee every wall, door, and tub dry. Standing water = mold playground. No leftover droplets, no mold drama.

3

Don't Ignore Behind & Under

Pull out the trash can, peek behind the toilet, check under the vanity – these hideouts trap humidity, dust, and hair (mold's entourage). Wipe them down and let them breathe.

Do a deep dive once a month: temporarily move stuff and clean floor and wall corners thoroughly.

4

Deep Clean That Exhaust Fan

Your fan is the unsung hero. A single shower can push humidity to 100% – without a clean, working fan, all that moisture sticks around to plot mischief.

Turn off the power, pop off the cover, vacuum or wipe the gunk away. Always run it during showers and for 15-20 minutes after. Noisy fan? Weak airflow? It's crying for help – don't ignore it.

5

Empty & Freshen Drains

A slow drain is moisture's best friend. Once a week, pour in 1 cup baking soda + 1 cup vinegar. Let the fizzy show go for 10 minutes, then rinse with boiling water.

Bonus: yank out the stopper and scrub it too – hidden gunk loves to hide there.

6

Wash Soft Stuff

Bath mats, towels, and shower curtains are mold magnets if they're left damp and forgotten. Wash them weekly in hot water, hang to dry fully after each use.

Plastic shower liner? Spritz with vinegar or swap it out every few months to dodge that grimy bottom edge.

7

Inspect & Reseal Caulk

Peek around your tub, sink, and toilet. Cracked or peeling caulk is an open invitation for sneaky water to crawl behind walls. Fix it with mildew-resistant caulk on a dry, clean surface. Make this part of your seasonal tune-up ritual.